



eden

BEAUTY





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a place of complete bliss
and relaxation

OPENING HOURS

Tuesday 9am to 8pm
Wednesday 9am to 8pm
Thursday 9am to 8pm
Friday 9am to 6pm
Saturday 9am to 3pm

We are a small and friendly salon and our aim is to provide a relaxing environment, with quality, unique treatments matched with a personal and friendly service.

Booking in advance is advisable to ensure availability. 24 hours notice of cancellation is appreciated and for some treatments a deposit is required.

Vouchers make a thoughtful gift and can be designed to suit your needs, for a particular value or treatment. A wide selection of retail products are available and a complimentary

gift wrapping service is offered for all gifts and products. We offer a mail order service for all our vouchers and products.

Our therapists all work for themselves so some treatments maybe less or an additional charge.

Please contact us with any queries or for more information and we will be happy to answer any questions.

Faye Grafton
Manager/Therapist

facial therapies

Elemis Advanced Anti-Ageing Facials

For more intensive booster skin treatments, the Elemis Advanced Facials offer remarkable long lasting results, stimulating cellular activity, boosting circulation whilst effectively treating the face and eye area. All Elemis Advanced Facials are further enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy and all have undergone independent clinical trials.

Tri-Enzyme Resurfacing Facial

£49

Using advanced techniques, micro-encapsulated Tri-Enzyme technology safely and effectively resurfaces the skin leaving it incredibly clean, smooth and clarified. Radiance is restored as the appearance of fine lines and wrinkles, uneven skin tone, acne and superficial scarring is reduced.

Elemis Visible Brilliance Facial

£49

This anti-ageing facial instantly firms, rejuvenates and plumps up the skin, whilst reducing dark circles from around the eye contour. Moisturisation levels of the skin are proven to increase by up to 38% and elasticity by 28% after just one treatment.

Pro-Collagen Quartz Lift Facial

£49

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57%, after just one treatment. The power of Padina Pavonica is accelerated by the electrical energy of precious minerals Quartz, Tourmaline, Rhodochrosite and Malachite to reenergise cell communication, whilst Laminaria Digitata and Red Coral optimises cellular respiration and regeneration for a firmer, uplifted, more youthful appearance.

Recommended every 3-4 weeks.

Course of six sessions - £250



Elemis Skin Solution Facials £45

Elemis Oxygen Skincalm Facial

This face and eye treatment is pure soothing heaven for sensitive skins. A Japanese Silk Mask help to rebalance delicate, fragile and sensitive skins, reduces redness and offers immediate comfort to stressed skin.

Elemis SOS Purifying Facial

This is a powerful purifying face and eye treatment for oily, problem and congested skins. A Japanese Sulphur Mask is impregnated with Vita-C Booster Serum to help absorb sebum, calm irritation, repair scarring and to rebalance oil-rich pores.

Elemis Modern Skin Facial

For skin challenged by modern living. Bursting with rich minerals and vitamins, this treatment helps remove damaging toxins, regenerates skin cells and rebalances serum.

*Recommended every 3-4 weeks.
Course of six sessions - £225*

Elemis Face & Body Sensation £49

Pure body indulgence with exceptional anti-ageing facial results! A unique Elemis hot stone back massage to alleviate stress and ease muscles with an intensive anti-ageing booster facial that will restore youthful radiance.

Elemis Skin Specific Facials £36

The Elemis Skin Specific Facials are the perfect skin maintenance facial, combining exceptional skin conditioning plant actives with unique Eastern massage techniques to deeply cleanse the face whilst renewing radiance and treating the skin.

Elemis Fruit Active Glow

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions.

Elemis Exotic Moisture Dew

For skin in need of a super saturating moisture boost, this thirst quenching facial is perfect.

Elemis Herbal Lavender Repair

For perfect restoration of skin balance, this facial helps to heal and repair oily, problem and congested skin.

*Recommended every 3 weeks.
Course of six sessions - £175*

Elemis Taster Facial 30 minutes - £25

This introductory facial will give a quick and instant pick-me-up for dull, lifeless skin.





body therapies

Elemis Deep Tissue Muscle Massage £35

This deep rhythmic pressure massage focuses on relieving specific stress and muscle tension. A customised massage, using a dynamic blend of essential oils to suit your individual needs:

- **Stress-a-Way:** soothe, relax and destress
- **Spirit Reviver:** uplift, detoxify and recharge
- **Muscle Melt:** ease away tired, aching muscles, excellent for rheumatic pain
- **Balancing:** reconnect your mind, body and soul

Elemis Deep Tissue Back Massage £20

Specifically targeting the back, shoulders and neck areas, this powerful massage will help to relieve tension, stress and aching muscles.

Elemis Face & Body Sensation £49

Pure body indulgence with exceptional anti-ageing facial results! A unique Elemis hot stone back massage to alleviate stress and ease muscles with an intensive anti-ageing booster facial that will restore youthful radiance.

Aromatherapy Massage

Using blended essential aromatherapy oils for your own personal needs, to help reduce modern day problems such as stress, anxiety, tiredness, headaches, hormonal problems and many other ailments.

- **Full Body** £35
including Face and Scalp
- **Back Neck and Shoulder** £20

Eden Signature Back Treatment £35

This is a luxury treatment which can only be described as a facial for the back. Using a mask with premium grade fruit essential oils, combined with exfoliation and cleansing Eastern massage techniques, helping to cleanse and replenish, leaving the skin radiant and glowing.

Elemis Aroma Stone Therapy £45

Since the birth of time, many ancient cultures have used the healing power of stones for medicinal and spiritual purposes. In Bali, it is believed that 'batu' stones are filled with the vitality and energy of the water that flows over them in an eternal stream. Harnessing

this power, we then bathe the stones in warm water and anoint them with exotic, sensual aromas of the Orient. Small stones are placed on key energy points of the body, evoking an aura of warmth, whilst the deep penetrating heat from the stones are used to massage the body using traditional techniques to ease the pain and tension of aching muscles as well as deeply relax and rebalance the mind and body.

Elemis Aroma Spa Ocean Wraps £45

These seaweed wrap treatments detoxify and deep cleanse the body inside and out combining the riches of sea plants and marine algae with the power of aromatherapy. Let your thoughts drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and destress scalp treatment.

• **Musclease Aroma Spa Ocean Wrap**

A warming blend of Pine and Rosemary help ease the pains of rheumatism, arthritis and fatigue.

• **Cellutox Aroma Spa Ocean Wrap**

A detoxifying blend of Juniper and Lemon decongest and stimulate the body's systems. Improves the dimpled appearance of cellulite and reduces fluid retention.

Exotic Coconut Rub and Milk Ritual Wrap £45

A ceremony of pure sensuality to tantalise and delight! A traditional Balinese recipe of Coconut, Mungbean, Spices and Lavender



is combined with Exotic Frangipani Monoi Moisture Melt to polish the skin and stimulate the senses. Warmed Skin Nourishing Milk Bath is then poured over your entire body before being cocooned in a comforting foil wrap. This opulent exotic wrap is excellent for skin smoothing and softening, all combined with a facial pressure point massage and de-stress scalp treatment.

Exotic Frangipani Body Nourish Wrap £45

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Exotic, aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi used in this wrap, which Polynesian women traditionally used to protect their skin and provides the ultimate radiance, vitality and all over body glow.

Exotic Lime and Ginger Salt Glow £25

An exotic exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously all over your body before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Your skin is deeply cleansed, polished and softened to perfection, completed with an application of Exotic Island Flower Body Lotion leaving the skin glowing and vibrant, replenished and flawless.

Body Sculpting Cellulite and Colon Therapy

£45

Using the new clinically proven Elemis Body Sculpting System, your silhouette will be redefined. The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream target stubborn cellulite and sagging skin for visible, rapid results.

A detoxifying Fennel and Birch peel off body mask is applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.

*Recommended weekly as intensive course.
Course of six sessions - £225*

face & body therapies



Elemis Absolute Spa Ritual

£70

From the soles of the feet to the crown of the head, this is the ultimate skin therapy. Choose from one of the unique Elemis Advanced Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage for pure relaxation and results.

Elemis Detox Therapy

£60

Let the detoxifying powers of essential oils and marine extracts give your body a kick start. Cocooned in a comforting foil wrap, you will enjoy a facial and scalp massage, followed with a refreshing citrus detoxifying deep tissue massage to complete your total body detox.

Elemis Mother-to-be Ritual

£50

Elemis Skin Specific Facial followed by a nurturing foot massage to relieve tension in your lower legs whilst easing your mind and uplifting your spirit, finishing with a file and polish.

male
grooming



Elemis Skin IQ Facial £49

An intelligent anti-ageing facial that adapts to super boost the skin, instantly firming and rejuvenating. Prescribed to protect against the harsh, ageing effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

Elemis Urban Cleanse Facial £45

A high performance complexion cleanse for total skin care defence. This supergrooming facial decongests the skin, working overtime to eliminate blocked pores, neutralise impurities and reduce sensitivity.

Elemis Deep Tissue Back Massage £20

Specifically targeting the back, shoulders and neck areas, this powerful massage will help to relieve tension, stress and aching muscles.

Men's Total Time Out £55

Achieve the ultimate goal for complete skin, body and lifestyle management. Select either the Elemis Skin IQ or the Elemis Urban Cleanse power-packed facial and De-stressing Scalp Massage and combine it with the Elemis Deep Tissue Back Massage. Total Time Out!

Back Wax £12

Eyebrow Tidy £6

tanning

Airbrush Tanning

Airbrush tanning gives an even all over flawless tan with no streaks or patches, just a smooth, silky, just off the beach look. Available in ten different sprays, we have something to suit everyone.

Avoid the skin cancer risks and premature ageing of UV tanning with this completely safe way to tan.

- **Full Body** £25
- **Top Half Body** £15
- **Full Legs** £15
- **Face, Neck and Décolleté** £10
- **Full Body Top-Up Tan within 7 days** £15

(For those wanting a deeper longer lasting colour)

hair removal

Waxing

using a quick hygienic roller system, with crème wax, suitable for even the most sensitive of skin types.

- **Half leg** £12
- **Full leg** £20
- **Underarm/Bikini Line** £8
- **Underarm and Bikini Line** £14
- **Eyebrows** £6
- **Lip/Chin** £6
- **Lip & Chin** £10
- **Forearm** £12
- **Full leg & Bikini** £24
- **Half leg, Bikini & Underarms** £22

Electrolysis

Permanent method of hair removal using Blend method, a form of electrolysis which is more comfortable and more effective. Consultations recommended.

- **15 minutes** £10
- **30 minutes** £16

Threading

Asian method of hair removal using special cotton thread. Excellent for sensitive skins.

- **Eyebrows** £12
- **Lip and Chin** from £8 - £12



lash and brow treatments

- **Eyebrow Shaping** £6
 - **Eyebrow Tinting** ☼ £6
 - **Eyelash Tinting** ☼ £9
 - **Eyelash, Eyebrow Tint & Shape** ☼ £18
 - **Weekend Individual**
 - **Eyelash Extensions** £15
 - **Eyelash Perming** ☼ £25
- (includes a complimentary tint)*

Semi Permanent Eyelash Extensions ☼

from 1-2 hours - £80

Transform your lashes into longer, fuller, thicker ones through this professional application of a single synthetic lashes being applied to your own natural lashes. They look and feel completely natural making them great for regular daily wear as well as special occasions. We have a wide range of sizes we can create a look from completely natural to very glamorous. With regular maintenance these will last for months.

☼ Allergy test required prior to treatment



eden model - glamorous look

Lash Maintenance

Recommended every 2-3 weeks to maintain lashes for longer.

£26

Replacement Set

Recommended every 4 months to regular customers to ensure that they look perfect.

£68

Mini Maintenance

£16

Lash Removal

For safe removal of lashes with no damage to natural lash.

£10

hands and feet

Manicure

- **Mini Manicure** £10
(File, Buff & Polish)
- **OPI Manicure** £16
(File, Cuticle tidy, Massage & Polish)
- **Luxury OPI Manicure** £20
(including Scrub & Mask & heated mitts)
- **Para n Wax added to any treatment** £8

Elemis Pro-Collagen Exotic Hand Ritual

including Manicure 1 hour - £20

Simply beautiful, pure pampering for your hands and nails to restore beauty and suppleness. Cuticles and nails are nourished with warmed aromatherapy oils, for beautifully smooth, soft hands.

Shellac

Gel polish, no dry time, 14 day wear, mirror like finish.

- **Shellac Polish** £20
- **Shellac Maintenance** £18

Nail Enhancements

- **Acrylic Nail Extensions** £35
- **Extension Infills** £18
(Recommended fortnightly)
- **Calgel Natural Nail Overlays**
 - Clear £22
 - Colour or French £28
(helps grow and strengthen natural nails)
- **Nail Extension Removal** £10
- **Individual Nail Tips** £3

Pedicure

Please bring open toe shoes.

- **Mini Pedicure** £10
(File, Buff & Polish)
- **OPI Luxury Pedicure** £22
(including Soak, Scrub, Mask & Massage)
- **Twinkle Toes** £20
(Glitter Gel overlays)
- **Shellac Overlays** £20
- **Calgel French Overlays** £25
(Gel Overlays lasting upto 6 weeks)
- **Minx Toes** £25

Elemis Sole Delight Foot Treatment

including Pedicure 1 hour - £25

Warmed aroma-therapeutic oils nourish and condition your feet and nails, whilst the decadence of the Elemis Skin Nourishing Milk Bath and Exotic Frangipani Monoi Moisture Melt lavish a rich and healing action on your skin. A sensory experience for your feet, which promises to leave you walking on cloud nine!



packages



Teen Treatments £20
Ages 13-19

- Mini Manicure
- Mini Pedicure
- Eyebrow Shape



Holiday Package £50

- ½ leg underarm & bikini wax
- Eyelash Tint
- Luxury Pedicure



Elemis Spa Ritual £70

- Elemis Advanced Anti Ageing Facial
- Elemis Body Massage



Eden Indulgence £50

- Elemis Aromatherapy Back Massage
- Elemis Taster Facial
- Mini Pedicure



Pure Indulgence £100

- Elemis Absolute Spa Ritual
- Luxury Manicure
- Luxury Pedicure



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